

Redhall Primary School menu



Chef's Specials

Week 1

- Monday**
Sausage or Quorn sausage in onion gravy
- Tuesday**
Cottage pie
- Wednesday**
Roast beef and Yorkshire pudding
- Thursday**
Chicken pie
- Friday**
Breaded fish

Week 2

- Monday**
Chinese chicken curry & wholegrain rice
- Tuesday**
All day breakfast (include Quorn option)
- Wednesday**
Roast pork and apple sauce
- Thursday**
Battered fish fillet
- Friday**
Steak pie

Week 3

- Monday**
Quorn or Aberdeen Angus beef grill
- Tuesday**
Tempura fish goujons
- Wednesday**
Roast chicken & seasoning
- Thursday**
Cheese savoury
- Friday**
Cheese and onion quiche

Halal choice
Available on request

Daily Vegetables

- Monday**
Sweet potato mash, carrots/broccoli
- Tuesday**
Fat free wedges, peas/baked beans
- Wednesday**
Fat free roast and creamed potatoes cauliflower/cabbage
- Thursday**
Boiled new potatoes, peas/carrots
- Friday**
Chipped potatoes baked beans/sweetcorn

1/2 fruit Desserts

(All made using 50% fruit)

- Monday**
Fruity flapjack & custard
 - Tuesday**
Fruit sponge & custard
 - Wednesday**
Chocolate and beetroot surprise with chocolate sauce
 - Thursday**
Fruity cheesecake
 - Friday**
Fruit crumble & custard.
- Plus daily chef's choice**

Picks n' mixes

Pasta/pizastop

- Monday**
Beef or Quorn spaghetti bolognese
- Tuesday**
Tomato and basil penne
- Wednesday**
Bacon tagliatelle carbonara
- Thursday**
Beef or Quorn lasagne
- Friday**
Pizza with variety of toppings

Potato plate

(Freshly baked with hot or cold fillings)

- Monday**
Bolognese
- Tuesday**
Beef chilli
- Wednesday**
Cheese and beans
- Thursday**
Tuna mayo
- Friday**
Cajun chicken

It's a wrap

(Marinated and freshly cooked or full flavour, served with salad and dressing)

Available every Thursday

Daily grab bag

The alternative to bringing a packed lunch

- Contains - sandwich or roll with a variety of filling including
- Cheese, tuna and ham**
- Crudities or salad pot**
- Fresh fruit**
- Cake, biscuit or yogurt**
- Fruity drink.**

Daily items (always available)

Fresh bread, cheese & biscuits, yogurt, jelly, fresh fruit salad, fresh fruit bowl, water
 "and don't forget to help yourself to our free salad bar - which is also available daily"

Information available on our website

- How to claim • free school meals • Infant free meals
- Allergen information • Halal policy • Milk policy • Nutritional information



Dudley Catering Cleaning & Caretaking Services



Dudley Catering, Cleaning and Caretaking Services reserve the right to alter items subject to cost or availability. Price as at September 2017