

**RED HALL PRIMARY SCHOOL**

# **PSHE Policy**

**January 2020**

**Review date: January 2022**

**Presented to Governors: Spring 2020**

## **Introduction**

Personal, social and health education help to give pupils the knowledge, skills and understanding they need to live confident, healthy, independent lives and to become informed, active, responsible citizens. At Red Hall Primary School we feel that it is our responsibility to promote the personal and social development of all our pupils. We will do this through the teaching of PSHE.

At Red Hall Primary School every child is valued and encouraged to achieve their full potential. Every member of our school community is encouraged to respect and value each other. Our school is committed to serving its community. We recognise the multicultural, multi faith and ever-changing nature of the United Kingdom. At our school we embrace the British Values of:

- Democracy
- The rule of law
- Individual liberty
- Mutual respect and tolerance of those of different faiths and beliefs.

## **Aims:**

- To understand and respect our common humanity, diversity and differences so that they can go on to form effective, fulfilling relationships.
- To promote healthy attitudes towards life both physically and emotionally.
- To provide knowledge to help children understand their own and others' rights in the wider world.
- To provide children with opportunities to develop an awareness of being a good citizen as part of a larger community.
- To involve staff, children, parents and governors in promoting this policy.

## **Objectives**

- To provide opportunities for children to develop confidence and to value themselves and others.
- To prepare children to play an active role as citizens in a democratic society and to be an active citizens within the local community.
- To help children develop healthy and safe lifestyles and understand how to help keep others safe and make decisions when faced with choices.
- To form healthy and positive relationships and teach children to respect the differences between people.
- To communicate effectively with confidence
- To explore issues related to living in a democratic society
- To become healthy and fulfilled individuals

Personal and Social Education is taking place all the time in school. It is reflected in the ethos of the school, the nature of relationships with, and between staff, the displays in school and the outside environment of the school.

PSHE is also taught in the following ways:

- In the classroom as a discrete subject
- In the classroom as part of the broader curriculum
- In assemblies
- On school visits
- By visitors to school
- Through curriculum enrichment. For example, raising money for charity

### **Teaching and Learning**

Class teachers are responsible for the teaching of PSHE throughout the school using discrete lessons and other curriculum links when appropriate.

In planning the PSHE curriculum, teachers at Red Hall Primary School create:

- A classroom climate that encourages a high level of interest for all children
- Opportunities for personal growth outside the classroom through responsibility, extra-curricular activities and educational visits
- Opportunities for personal, social, health development through individual and group work, discussion and role-play
- Involvement in a range of problem solving activities
- positive self-assessment

At Red Hall we believe that establishing a safe, open and positive learning environment based on trusting relationships between all members of the class, adults and children alike, is vital to successful and effective teaching and learning within this subject.

Each class will establish ground rules based on the following:

- We take turns to speak
- We use kind and positive words
- We listen to each other
- We have the right to pass

### **Teaching and Learning across the Curriculum**

PSHE will be taught weekly in discrete lessons. PSHE can be taught across the curriculum through a variety of subjects. The following curricular links show where some of the PSHE objectives can be taught:

- Science – drugs (including medicines), sex, health, safety and the environment.

- Religious Education – religious and moral beliefs, values and practices that underpin and influence personal and social issues and relationships.
- Physical Education – teaching and learning about health and safety, development of personal and social skills through team and individual activities, promotion of healthy lifestyles and the importance of exercise.
- Geography – topical issues concerning the environment, study of own locality and the wider world, including less economically developed countries.
- ICT – communicating with others and online safety.

### **Parental and Community Involvement**

Parents are invited to join in events in school. Parents are regularly informed of events and developments on the website and school newsletter. Working with parents is a vital part of the whole school approach to PSHE. Parents are kept fully informed of the school's policy for sex and relationships education and we aim to keep parents and guardians involved in school life.

Red Hall Primary School values the contributions of the community and outside agencies to the personal, social and health development and citizenship of its children. Red Hall Primary School invites a wide range of representatives to talk to the children, including the School Nurse, Police, Fire Service, local religious and community based figures.

### **Resources to Support the teaching of PSHE**

Pupils will have access to a range of resources including:

- visitors to school
- published materials
- computers

The school makes use of a variety of agencies and individuals as supporters for teachers to deliver the PSHE programme including:

- School Nurse
- Community Police Officer
- Road Safety Officers
- Fire Officers

PSHE is linked closely to other cross-curricular policies, which can be consulted for more information, including:

- Anti-bullying policy
- Behaviour Policy
- Child Protection
- Relationship and Sex Education
- Health and Safety
- Equal Opportunities

### **Monitoring and Review**

The leader provides support and advice to other members of staff, monitors quality of teaching and is responsible for evaluating and reviewing the programme and provision for PSHE across the school. The co-ordinator will also further staff development by providing opportunities for staff to update and extend their knowledge and expertise in PSHE.